Preliminary Program

Psychodynamics: Essential to the Issue of Suicide and Other Challenges to Modern Day Psychiatry

The American Academy of Psychoanalysis and Dynamic Psychiatry

57th Annual Meeting

May 16-18, 2013
The Westin St. Francis
335 Powell Street
San Francisco, CA 94102

A Forum for Psychoanalysis and Dynamic Psychiatry

Registration is open to all mental health professionals and behavioral/social scientists.
The Academy is where physician psychoanalysts and psychodynamic psychiatrists: discover a forum for exchange of ideas; find a voice within the APA to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.
Psychodynamics: Essential to the Issue of Suicide and Other Challenges to Modern Day Psychiatry

May 16-18, 2013
San Francisco, CA

Program Chair: Mary Ann Cohen, M.D.
CME Committee Chair: Silvia Olarte, M.D.
Chair of the Scientific Program Committee: Eugenio M. Rothe, M.D.

Conference Learning Objectives:
This meeting has been designated to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1: Improving treatment of patients by:
A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:
A. To learn about development of therapeutic alliances; transferance and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2: Enhancing training of residents and early career psychiatrists

Needs derived from this gap:
A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something. “Performance” is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Psychiatrists, psychoanalysts, psychodynamic psychiatrists, psychosomatic medicine psychiatrists, psychologists, social workers, early career psychiatrists, trainees, residents, and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs.
THURSDAY, MAY 16, 2013

7:00 PM – Registration

7:30 PM - 9:00 PM
OPENING SESSION

Welcome: Michael Blumenfield, MD (Woodland Hills, CA)
Introduction: Eugenio Rothe, MD (Key Biscayne, FL)
Presenter: Mardi Horowitz, MD (San Francisco, CA)
Grieving As Well As Possible

9:00 PM – 9:30 PM
OPENING NIGHT CASH BAR

FRIDAY MAY 17, 2013

7:30 AM – 9:00 AM
BUSINESS MEETING

9:00 AM - 12 NOON
SYMPOSIUM I: ON THE NATURE AND CLINICAL APPLICATION OF PSYCHODYNAMICS

Chair: Crittenden Brookes, MD, PhD (San Francisco, CA)
Presenter: Joseph R. Silvio, MD (Bethesda, MD)
Some Thoughts on Psychodynamics
Presenter: Richard Friedman, MD (New York, NY)
Descriptive Psychiatry and Psychodynamics: Relationships in Assessment and Treatment Planning
Presenter: Clay Whitehead, MD (Chapel Hill, NC)
The Talking Cure and the Future of Psychodynamics
Presenter: Crittenden Brookes, MD, PhD (San Francisco, CA)
Discussion and Amplification of the Nature, Future and Clinical Use of Psychodynamics
Discussant: Crittenden Brookes, MD, PhD (San Francisco, CA)

9:00 AM – 10:30 AM
WORKSHOP I: TRANSCULTURAL AND INTERGENERATIONAL ASPECTS OF SUICIDE

Chair: Helen Ullrich, MD, PhD (New Orleans, LA)
Presenter: Helen Ullrich, MD, PhD (New Orleans, LA)
Changing Patterns of Suicide in a South India Village
Presenter: Jane Tillman, PhD (Stockbridge, MA)
Familial Dynamics and the Intergenerational Transmission of Suicide
Presenter: Eugenio Rothe, MD (Key Biscayne, FL)
Suicidality and Acculturation in Hispanic Adolescents
Discussant: Jennifer I. Downey, MD (New York, NY)

10:30 AM – 12:15 PM
RESIDENTS’ WORKSHOP: CLINICAL DILEMMAS AND THERAPEUTIC ISSUES - SPONSORED BY THE NEW YORK MEDICAL COLLEGE PSYCHOANALYTIC INSTITUTE

Chair: Douglas H. Ingram, MD (New York, NY)
Presenter: Elena F. Garcia-Aracena, MD (Brooklyn, NY)
The Challenge of the Transference
Presenter: Pangiota Korenis MD (Eastchester, NY)
When the Pregnant Psychiatrist in Training Delivers a Stillborn Baby: A Clinical Challenge
Presenter: **Ubong Udoyen MD** (New Haven, CT)
Passive Suicidal Ideation in the Context of Alcohol Dependence: A Veterans Story

Discussant: **Silvia Olarte, MD** (New York, NY)
Discussant: **César Alfonso, MD** (New York, NY)
Discussant: **Scott Schwartz, MD** (New York, NY)

12:15 PM – 2:00 PM
WORKSHOP III: PARADOXICAL TRAGEDIES: SUICIDE AS IMPACT OF TRAUMA AND TRAUMA AS IMPACT OF SUICIDE

Chair: **Mariam Cohen, MD** (Scottsdale, AZ)
Presenter: **Mariam Cohen, MD** (Scottsdale, AZ)
Effect of Maternal Suicide: A Case Presentation

Presenter: **Nancy Lutwak, MD** (New York, NY)
Military Sexual Trauma, a Form of High Betrayal Trauma, Leads to Depression and Suicidality in Women as well as an Increased Risk of Cardiovascular Disease

Discussant: **Debra Katz, MD** (Lexington, KY)

12:15 PM – 1:45 PM
WORKSHOP IV: RELATIONAL SUICIDE RISK ASSESSMENT WITH PARTICULAR ATTENTION TO MEDICAL STUDENTS

Chair: **Eugenio Rothe, MD** (Key Biscayne, FL)
Presenter: **Leonard M. Gralnik, MD, PhD** (Miami, FL)
Relational Suicide Risk Assessment: Risks, Resources, and Possibilities for Change

Presenter: **Daniel Castellanos, MD** (Miami, FL)
Suicide and Medical Students

Discussant: **Joanna Chambers, MD** (Indianapolis, IN)

2:00 PM – 5:00 PM
SYMPOSIUM II: “DON’T CHANGE THE SUBJECT” – A DOCUMENTARY FILM ABOUT SUICIDE AND A DISCUSSION OF THE PSYCHODYNAMICS OF SUICIDE AND ITS AFTERMATH

Chair: **Michael Blumenfield, MD** (Woodland Hills, CA)
Filmmaker: **Michael Stutz** (Los Angeles, CA)

After the showing of the 90-minute film, “Don’t Change the Subject,” there will be an interview of the filmmaker, Michael Stutz, by Dr. Blumenfield. Using the film as catalyst, this interview will be followed by an interactive discussion with symposium attendees of the psychodynamics that prevent people from talking about suicide.

2:00 PM - 3:15 PM
WORKSHOP V: PSYCHODYNAMIC PSYCHOTHERAPY IN THE CARE OF PERSONS WITH MEDICAL ILLNESS – PRACTICAL APPLICATIONS AND CLINICAL RESEARCH

Chair: **Eva Szigethy, MD, PhD** (Pittsburgh, PA)
Presenter: **Eva Szigethy, MD, PhD** (Pittsburgh, PA)
The Effects of Psychotherapy on the Brain Gut Axis: A Randomized Control Trial of Psychodynamic Psychotherapy versus Cognitive Behavioral Therapy in Depressed Youth with Inflammatory Bowel Disease

Presenter: **Eileen Nudelman, MD** (Baltimore, MD)
Psychotherapy with Adolescents in a Therapeutic Day School: Psychological Treatment for Biological Disorders

Discussant: **Silvia Olarte, MD** (New York, NY)
3:30 PM TO 5:00 PM
WORKSHOP VI: STATES OF MIND PRECEDEDING A NEAR LETHAL SUICIDE ATTEMPT: PRELIMINARY FINDINGS OF A MIXED METHODS STUDY

Chair: Jane G. Tillman, PhD, ABPP
(Stockbridge, MA)
Presenter: Jane G. Tillman, PhD, ABPP
(Stockbridge, MA)
Studying States of Mind Preceding a Near Lethal Suicide Attempt: Interpretative Phenomenological Analysis
Presenter: A. Jill Clemence, PhD (Albany, NY)
A Quantitative Analysis of Variables Related to Suicide Risk
Presenter: Katie C. Lewis, MA (Saratoga Springs, NY)
The Relationship Between Personality Organization, Object Relations, Impulsivity, and Suicidal Behavior
Discussant: Gerald P. Perman, MD (Washington, DC)

5:30 PM - 7:00 PM
KEYNOTE ADDRESS
Introduction: Mary Ann Cohen, MD (New York, NY)
Presenter: Dilip Jeste, MD (La Jolla, CA)
Wisdom: From Psychology to Neuroscience

7:00 PM – 8:30 PM
ATTENDEES RECEPTION AND BOOK EXHIBIT

SATURDAY, MAY 18, 2013

9:00 AM – 12 NOON
SYMPOSIUM III: JUNGIAN APPROACHES TO DEPRESSION AND SUICIDE

Chair: Thomas B. Kirsch, MD (Palo Alto, CA)
Presenter: Thomas B. Kirsch, MD (Palo Alto, CA)
Introduction to the Subject of Suicide: Jungian View
Presenter: John Beebe, MD (San Francisco, CA)
Jungian Contributions to the Understanding of Suicidal Depression
Presenter: Susan Calfee, PhD, MFT (Davis, CA)
Suicide, Symbolic Capacity, and Foreclosure
Presenter: Paul Fine, MD (Omaha, NE)
Psychodynamic Considerations in Homelessness and Suicide Thoughts
Presenter: Steven E. Zemmelman, MSW, PhD (San Francisco, CA)
There but for Fortune: Phil Ochs, Protest, and an Imaginal Exploration of the Transference-Countertransference Field
Presenter: Paul Watsky, PhD, ABPP (San Francisco, CA)
Suicide and Meaning – Jungian Approaches
Discussant: Crittenden Brookes, MD, PhD (San Francisco, CA)

9:00 AM – 10:00 AM
WORKSHOP VII: TRAUMA AND IDENTITY: A PSYCHOLOGICAL AUTOPSY

Chair: Sherry Katz-Bearnot, MD (New York, NY)
Presenter: Richard Brockman, MD (New York, NY)

10:00 AM – 12 NOON
SYMPOSIUM IV: PHASE-ORIENTED APPROACHES TO TREAT PTSD: UTILIZING ALTERNATIVE TECHNIQUES TO RAPIDLY STABILIZE AND NEUTRALIZE POST-TRAUMATIC REACTIVATIONS AND INTEGRATION INTO PSYCHODYNAMIC PSYCHOTHERAPY
Chair: Sherry Katz-Bearnot, MD (New York, NY)
Presenter: Anthony J. Tranguch, MD, PhD (New York, NY)
- Neurobiologic Underpinnings of Post-Traumatic Reactivation and Sensorimotor Psychotherapy
  - Emotional Freedom Techniques (EFT): Description and Demonstration
  - Hypnosis and Neuro-Linguistic Programming (NLP): Description and Demonstration
  - Eye Movement Desensitization and Reprocessing (EMDR): Description and Demonstration
Discussant: Richard Brockman, MD (New York, NY)

**SYMPOSIUM V: THERAPEUTIC APPROACHES TO THE CARE OF SUICIDAL PATIENTS AND TO COUNTERTRANSFERS**
Chair: Myron L. Glucksman, MD (Redding, CT)
Presenter: Eric Plakun, MD (Stockbridge, MA)
- Alliance-Based Intervention for Suicide: A Psychodynamic Approach to Treating Suicidal Patients

Presenter: Peter Collori, MD (Stockbridge, MA)
- A Fork in the Road: Emotional Reactions to Suicidal Patients

Presenter: Ronald Turco, MD (Portland, OR)
- Freud and His Dogs: Love, Separation, Loss, and Healing

Presenter: Myron L. Glucksman, MD (Redding, CT)
- Manifest Dream Content as a Predictor of Suicidality

Presenter: Scott Schwartz, MD (New York, NY)
- Suicide Glorified: A Renaissance View of Death
Discussant: Eric Plakun, MD (Stockbridge, MA)

**SYMPOSIUM VI: PSYCHODYNAMIC TREATMENT OF THE SUICIDAL ADOLESCENT**
Chair: Mark J. Goldblatt, MD (Cambridge, MA)
Presenter: Mark J. Goldblatt, MD (Cambridge, MA)
- The Suicidal Adolescent: Developmental Issues, Separation-Individuation, and Hostile Introjects

Presenter: Elsa Ronningstan, PhD (Belmont, MA)
- Psychodynamics of the Suicidal Adolescent

Presenter: Mark Schechter, MD (New York, NY)
- Psychodynamic Treatment of a Suicidal Adolescent
Discussant: Clarice Kestenbaum, MD (New York, NY)

**RESIDENTS’ WORKSHOP AND LUNCHEON**
Chair: Joanna Chambers, MD (Indianapolis, IN)
Presenter: Robert Adam Jenkins, MD (Bala Cynwyd, PA)
- Sitting with a Suicidal Patient

**PSYCHOPHARMACOLOGY PEER SUPERVISION WORKSHOP**
Presenter: Joseph R. Silvio, MD (Bethesda, MD)
Presenter: Juan Raul Condemarin, MD (Brighton, MA)

**AN INTERVIEW WITH THE MASTERS: LEAH DAVIDSON, MD**
Chair: Eugenio Rothe, MD (Key Biscayne, FL)
Interviewer: Gerald P. Perman, MD (Washington, DC)
Interviewee and Presenter: Leah Davidson, MD (New York, NY)

Ideological Suicide: Pathology or Inspiration?

2:00 PM – 3:30 PM
WORKSHOP VIII: THE THERAPEUTIC USE OF DREAMS
Chair: Myron L. Glucksman, MD (Redding, CT)
Presenter: Myron L. Glucksman, MD (Redding, CT)
Presenter: Milton Kramer, MD - in absentia (New York, NY)

This workshop is open to clinicians and residents. Attendees are invited to bring dream material for presentation and discussion.

2:00 PM – 5:00 PM
SYMPOSIUM VII: THE PSYCHODYNAMICS OF PHYSICIAN ASSISTED SUICIDE: A HUMANISTIC APPROACH TO DEATH WITH DIGNITY
Chair: Lewis Cohen, MD (Northampton, MA)
Presenter: Kevin Hails, MD (Merion Station, PA)
Historical Perspective on Physician-Assisted Suicide: From the Greeks to the Present Day
Presenter: Lewis Cohen, MD (Northampton, MA)
Who Are the Death with Dignity Doctors?
Presenter: Philip Muskin, MD (New York, NY)
Psychodynamic Approach to Patients’ Requests for Hastened Death
Discussant: Asher D. Aladjem, MD (Patterson, NJ)

2:00 PM – 5:00 PM
SYMPOSIUM VIII: SUICIDE AND OTHER IMPORTANT PSYCHOLOGICAL ISSUES FACING THE US MILITARY
Chair: Michael Blumenfield, MD (Woodland Hills, CA)
Presenter: John Bradley MD (Boston, MA)
Veterans Administration and Department of Defense Clinical Practice Guideline for Prevention of Suicide
Presenter: Christopher Perry MD (Honolulu, HI)
Alcohol Use in the Military and the Relationship to Suicide
Presenter: George Brandt, MD (Littleton, CO)
Building the System of Care to Bring Them Home
Presenter: Judith Broder, MD (Studio City, CA)
Profound Effect of Combat and Multiple Deployment on Character Structure and Predisposition to Suicide
Discussant: Sheila Hafter Gray, MD (Washington, DC)

5:30 PM - 7:00 PM
PRESIDENTIAL ADDRESS

Introduction: Michael Blumenfield, MD (Woodland Hills, CA)
Presenter: Herb Pardes, MD (New York, NY)
Psychodynamics in a Turbulent World of Health Reform

7:30 PM – 9:00 PM
AWARDS DINNER
Additional fee and registration required to attend.
MEETING REGISTRATION FORM
American Academy of Psychoanalysis and Dynamic Psychiatry
57th Annual Meeting
San Francisco, CA
May 16-18, 2013

Advance registration is recommended. Badges will be held at the AAPDP Registration Desk at the hotel.

If you are not an AAPDP member, please tell us how you heard of this meeting:
- ☐ Referred by a Member
- ☐ Ad
- ☐ Website
- ☐ Mail
- ☐ Other ________________________________

Please type or print clearly:

Name & Degree _______________________________________________________

Address ________________________________________________________________________

City, State, Zip _____________________________________________________________

Phone _________________________    Fax ____________________________

E-Mail ___________________________________________________________

Professional Specialty ____________________________________________

* Guests requiring Continuing Medical Education credits should register as non-member professionals.

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MASTERCARD AND VISA ACCEPTED (please circle one)
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Signature ____________________________________________________________

Please complete and return this form with your check (in US dollars and drawn on a US Bank) or credit card information:

AMERICAN ACADEMY OF PSYCHOANALYSIS
AND DYNAMIC PSYCHIATRY
One Regency Drive, P.O. Box 30, Bloomfield, CT 06002
Phone: (888) 691-8281    Fax: (860) 286-0787